



SEPTEMBER 2023

Nashua High School South

Monday

Tuesday

Wednesday

Thursday

Pulled Pork, Rice, Corn,

Black Beans, Peppers &

Onions, Shredded Cheese,

Salsa, Sour Cream, Pickled

Jalapeno's, Pineapple, Milk

14

Friday

NO SCHOOL

LABOR DAY

Crispy Chicken Tenders with Assorted Dipping Sauces, French Fries, Mixed Vegetables, Apple Slices, Milk

NO SCHOOL

12

Chicken Patty on a w/g Bun, French Fries, Roasted Carrots. Peaches, Milk

Breakfast for Lunch 13 French Toast Sticks, Sausage, Hash Brown Patty, Brown Sugar Glazed Carrots, Peaches, Milk

BBO McRib Sandwich on Texas Toast, Onion Rings, Baked Beans, Corn, Pears,

> Pulled Pork, Rice, Cor 21 Black Beans, Peppers & Onions, Shredded Cheese, Salsa, Sour Cream, Pickled Jalapeno's, Pineapple, Milk

Milk

28 BBO McRib Sandwich on Texas Toast, Onion Rings, Baked Beans, Corn, Pears, Milk

Chicken Broccoli Alfredo, Shredded Mozzarella Cheese. Texas Toast, Strawberry Cup,

Pudding, Milk

Pizza Crunchers, Marinara

Dipping Sauce, Sweet Potato Fries, Green Beans. Strawberry Cup, Milk

18

Pizza Crunchers, Marinara Dipping Sauce, Sweet Potato Fries, Green Beans. Strawberry Cup, Milk

Pizza Crunchers, Marinara Dipping Sauce, Dinner Roll, Sweet Potato Fries, Green Beans, Strawberry Cup, Milk

Crispy Chicken Tenders 19 with Assorted Dipping Sauces, French Fries, Mixed Vegetables, Apple Slices, Milk

26 Crispy Chicken Tenders with Assorted Dipping Sauces, French Fries, Mixed Vegetables, Pineapple, Milk

20 Chicken Patty on a w/g Bun. French Fries. Roasted Broccoli. Peaches, Milk

Breakfast for Lunch 27 French Toast Sticks, Sausage, Hash Brown Patty, Brown Sugar Glazed Carrots, Peaches, Milk

Orange Chicken with Vegetable Dumplings, Sweet Chili Sauce, Mandarin Oranges, Broccoli, Fortune Cookie, Fruit Snacks, Milk

Chicken & Waffles, Hash Brown Patty, Brown Sugar Glazed Carrots, Pears, Pudding, Milk

Orange Chicken with 29 Vegetable Dumplings, Sweet Chili Sauce, Mandarin Oranges, Broccoli, Fortune Cookie, Fruit Snacks, Milk

